

Health Screening Form (Stress survey)

To determine whether Traditional Oriental Medicine can help you.

Please, fill it out and give it to the receptionist

(All information is kept in strict confidence and we never share or give out your information or contact you with advertisements unless you request information about our specials)

Name: _____ Age: ____ Sex: M F Occupation:

Phone & the best time to call: _____ Email:

Check off any of the following symptoms you have experienced in the past 6 months:

Headache/Tension Low Back Pain Pain Between Shoulder Blades Allergies
Fatigue/Tired Neck Pain Knee Pain Weight Issues Pain anywhere in the body
Wrist/Hand Pain Ankle/Foot Pain Shoulder Tension Digestive Disturbance
Elbow Pain Ringing in Ears Numbing in Arms Insomnia/Sleep Problems
Shoulder Pain Nervousness Numbing in Legs Irritability Hip Pain Dizziness

Other: _____

Which of the above bothers you the most? _____

How long have you been disturbed by the condition? _____

Describe how it feels or affects you when it is at its worst: _____

Does this cause you to be?

Moody Irritable Interrupt Sleep Restricted in Daily Activities

How does this affect your work?

Decision Making Poor Attitude Decreased Productivity Exhausted at End of Day
Unable to Work Long Hours

How does this affect your life?

Lose Patience with family members or roommates Household Duties Hinders Ability to
Exercise or Participate in Sport Interferes with Ability to Participate in Hobbies or Other
Desired Activities

If you checked any of the above items, your organs are probably not functioning as well as they could, and your energy is likely not flowing as well as it could be.

ACUPUNCTURE and CHINESE HERBAL MEDICINE CAN HELP YOU because they grant and naturally treat the body to remove the stress and imbalance that cause health problems.

If you would like to find out whether Oriental Medicine would be helpful for you, click on the appropriate button.

I would like to come to the Acupuncturist's office for an initial evaluation and consultation. There is NO CHARGE for this visit. This will allow me to find out if I can be helped by Acupuncture and Chinese herbal Medicine without any financial barriers.

I would like the acupuncturist to call me to discuss my health problem before making an appointment.